



TRUSTED  
MENTORS

*Support. Stabilize. Succeed.*

## BECOMING TRUSTED MENTORS: A PROGRESS REPORT

Dear Friend,

As I complete my sixth year serving on the Board of Directors and second term serving as Board Chair, I couldn't be more pleased with Trusted Mentors' accomplishment in giving support and stability to more than 400 Indianapolis citizens. From its inception as an outreach initiative sponsored by Immanuel United Church of Christ, Trusted Mentors has grown into an independent public charity that supports nearly 100 mentoring relationships each year. Along the way, steady and focused growth has been a hallmark of Trusted Mentors.

As we look toward the future and plan program expansions to increase our reach here in Indianapolis, we learn from our recent challenges and accomplishments.

You will find in this progress report that we have developed a mentoring model that works for at-risk adults and expanded our service capacity. Our expert staff designed a customized training experience for interested volunteers based on own empirical evidence and expert-led studies. As a result, we have:

- Trained over 700 volunteers
- Successfully matched and supported over 400 relationships
- Maintained 86% average in keeping our mentees housed
- Maintained 82% average in keeping our mentees from returning to prison

Through networking and outreach efforts, Trusted Mentors grew agency partnerships from nine to twenty-one in eight years. We expanded programming to include specific mentoring tracks for the successful reentry of ex-offenders and young adults aging out of foster care.

The Trusted Mentors model works. Our collaborative, support-service business model offers a low-cost alternative to traditional approaches of reducing homelessness and recidivism. With your help, we can continue to strengthen our community and local families by reducing the chaos of poverty, homelessness, and criminal conviction. Please support Trusted Mentors' continued efforts by volunteering or donating today.

Yours,

*Margaret Christensen*  
Margaret Christensen



Allison Melangton (right) is an inspiration. Her story of success through the support of strong mentors is a powerful example of what mentoring can do to change lives. - Meg

# SUPPORT. STABILIZE. SUCCEED.

## Homelessness and incarceration continue to challenge Indianapolis.

### COST OF HOMELESSNESS

- An estimated 4,800–8,000 are currently homeless in Indianapolis.
- \$7.8 million in public health and criminal justice expenditures spent annually by Marion County on the chronically homeless.

### COST OF INCARCERATION

- Approximately 5,000 ex-offenders will be released into Marion County per year with approximately 51% returning within 3 years of their release date.
- \$54 per day is spent to incarcerate an adult offender.

Traditional strategies for dealing with people who have experienced homelessness and incarceration often address the problem after it happens, rather than create systems of prevention.

Trusted Mentors engages our vulnerable neighbors in long-term relationships of trust, guidance, and reciprocity. We go beyond immediate relief to facilitate long-term solutions.

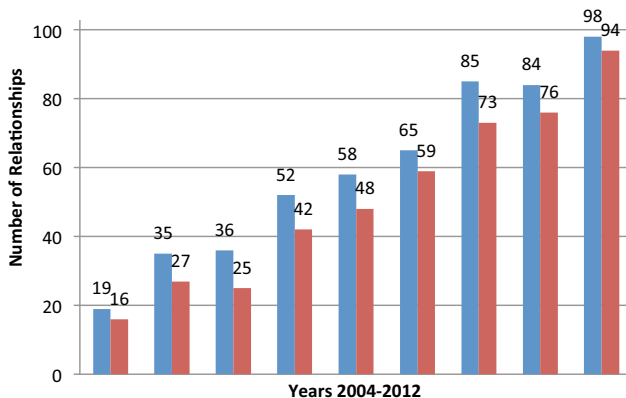
**Our “strengths-based mentoring” model makes a lasting impact because our mentees develop the confidence and skills to overcome common barriers to success:**

- Social isolation
- Unemployment
- Lack of education
- Unhealthy and abusive relationships

**Trusted Mentors provides a valuable resource to Indianapolis unlike any other. We keep resource costs low and services unduplicated.**

- We partner with local agencies that provide case management.
- Trusted Mentors provides an added service at zero cost to the agency.

Now in our ninth year of service to the community of Indianapolis, Trusted Mentors has proven to be an effective organization in preventing homelessness and successful reentry for Indianapolis.



### Preventing Homelessness with Mentoring

Figure 1 displays Trusted Mentors success in increasing the number of mentors successfully matched (blue) and remaining safely housed (red).

### KEY ACTIVITIES

- Mentor Recruitment and Training
- Mentee Screening and Matching
- Mentor-Mentee Relationship Support

### OUTCOMES

- Over 700 volunteers trained in Mentoring for Vulnerable Adults, Trusted Mentors' official training program
- Over 400 mentoring relationships matched and supported

# MEETING A VITAL NEED

## WHO NEEDS A MENTOR?

Mary\* is new to Trusted Mentors, having recently met her mentor for the first time during a supervised mentor-match meeting. She came to us through a partnering agency, seeking a mentor to help her overcome difficult life challenges. Mary is a mother who lost primary care of her son, lost her job, lost her home – all while managing mental illness and severe diabetes. Yet her spirit and determination remain strong; and she is remarkably driven to improve her life circumstances. In her first mentoring encounter, Mary set goals to achieve financial stability, improve her housing, and improve her mental health. Already Mary and her mentor have committed to volunteering as a way to improve her health and social engagement. By continuing to work with Trusted Mentors, Mary can be confident that she will receive the support and advocacy necessary to help her change for the better.



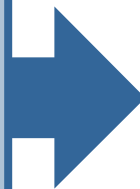
## MENTORING SUCCESS

Matt and Don began their mentoring relationship in early February of 2012. As a young man with a small child, Don was seeking to advance his education and find employment, and was motivated to find someone to help him achieve his goals. Upon hearing of Trusted Mentors from his case manager, Don contacted us immediately.

Although Don was the first mentoring relationship Matt experienced with Trusted Mentors, he quickly earned Don's respect and trust. Matt coached Don through the job seeking process in order to address his most pressing need. Matt's skillful knowledge, empathic concern, and sense of humor comforted Don through this stressful time. And to further develop his confidence and communication skills, Don spoke at a Trusted Mentors' recruiting event where he voiced his appreciation for Matt's unwavering friendship and support - and specifically addressed the challenges he had overcome. Over the course of a year, Don was successful in securing several temporary jobs, and in May of this year he began a full-time job. Overjoyed, Don called Matt first with the good news. Don's positive outlook and relentless efforts, coupled with Matt's support and guidance, resulted in Don making significant progress toward reaching his goals. As Don would say, "Mentors Rock!"

## OUTCOMES (cont'd)

- Maintain 86% average in keeping mentees housed; and 82% average in keeping mentees out of prison
- Grew agency partnerships from 9 in 2003 to 21 in 2012



## VALUE

- More adults are safely housed
- More adults are successfully reintegrating into our communities
- More adults are retaining employment
- More adults living better lives

# INVESTING IN MENTORING

Trusted Mentors recognizes the following individuals and organizations for their support in 2012. **THANK YOU** for investing in mentoring for long-term homelessness prevention and successful criminal reentry.

## **Success Club Diamond Level (\$2,500+)**

Central Indiana Community Foundation (CICF)  
Citizens Energy Group  
Indianapolis Parks Foundation (City of Indianapolis)  
Community Crime Prevention Grant)  
Indy Telcom  
Nina Mason Pulliam Charitable Trust  
Rebuilding the Wall

## **Success Club Gold Level (\$1,000-\$2,499)**

Byron Robinson  
Brian Williams  
City of Indianapolis/HUD  
Ergo (In-Kind)  
Indiana Business Journal (In-Kind)  
National Bank of Indianapolis  
Rick Monroe

## **Success Club Silver Level (\$480-\$999)**

Allegiant  
Bingham Greenebaum Doll  
Carlos Carpizo & Adriana Arias-de-Carpizo  
Formation Roofing  
Greg Andrews  
Greg Johnson  
Jack Sandlin  
Janet Kresl-Moffatt & Doug Moffatt  
Joe Nierman  
Kiwanis Club of Perry Township  
Marie and Donald Pickens  
Scott Sluder

Select Sewing Service  
St. Vincent Hospital & HCC  
Vickie Broadie

## **Success Club Bronze Level (\$240-\$479)**

Andrew Crecelius  
Career Solutions Group  
Carolyn Wyatt  
Craig Neef  
Exact Target  
Indianapolis Indians  
IN-KY Conference of the United Church of Christ  
Jenny Boteler  
Jeri Warner  
JP Parker Flowers  
Lisa Jones  
Partners in Housing  
Recycle Force  
Tracy Perry

## **Success Club Support Level (\$239 and under)**

Adam & Meg Christensen  
A.H. Jensen & Sons  
Aaron Staser  
Alex Gude  
Alison Slipher Todd  
Allan Bradbury  
Amber Peters  
Amy Dunham  
Andrea Gilroy  
Ann Radtke  
Anna Velez  
Anne Keeler  
B. Maurer  
Bar Jarrold-Henry  
Barbara Asbury  
Barbara Botler  
Beth Reitz  
Beth Scott

Brenda DeVries  
Brian Madison  
Brian Senninger & Christopher Tower  
Brooke Taflinger  
Byron Hatch  
Candice Brisson  
Carrie Sieglitz  
Carol Marlin  
Charles Cantrell  
Chris Herzog  
Chris Hires  
Chris Kothe  
Chris Wyant  
Chuck & Sue Wettrick  
Clint Hangerbrauck  
Craig Kelley & Faultless  
Cricket Messersmith  
Cynthia Johnson  
David Berry  
Deb Hirt  
Debroah Jeffrion  
Denis O'Brien  
Derek Camp  
Devan Lime  
Donna Jacobsen  
Donna Oaklak  
Ed & Ann Delaney  
Elizabeth Jones  
Elwood Staffing Services  
Enertouch  
Eric Nentrup  
Eta Phi Kappa Sorority  
Frances Druley  
Francesca Jarosz  
Francie Broadie  
G. Thomas Landis  
Good Cents Solutions  
Greg Andrews  
George Soukup  
Gretchen Cave  
Gwen Woodard  
Hearts & Hands of Indiana



## Cont'd Success Club

### Support Level

(\$239 and under)

Holly Sanders  
Howard Nixon  
Ifeanyi Osil  
Immanuel United Church of Christ  
Jackie Richmond  
Jacqueline Bell  
James Madura  
Janet Schwind  
Jared Sunday  
Jason Schnellenberger  
Jeanette Bradbury  
Jeff Weaver  
Jeffrey Cowser  
Jennifer Von Deylen  
Jennifer Bean  
Joanna Jaggard  
Joe Leone  
Joe Nierman  
Joli Heavin  
Joseph Lime  
Judith Morr  
Judy Byron  
Judy Ireland  
Kara Paris  
Karen Kuehr  
Kathleen McNeely  
Kathy Carpenter  
Kathy Staples  
Katy Brett  
Keith Martin  
Kelly Murray  
Katie Carlson  
Kendra Petty  
Kim Nentrup  
Kris Heeter  
Lisetta Lavy  
Lawrence Bunting  
Leon Kresl  
Lexis Nexis  
Linda Snow  
Malcolm & Corinne Gilchrist  
Manon Bullock  
Maryvonne Kerzabi  
Massages 4 Causes

Matt Cohn  
Matt Ottinger  
Melody Mayle  
Michael Guio  
Michael Hulka & Liane Groth Hulka  
Michael Petry  
Mindy Boehr  
Nadeen Biddinger  
Natalie Snyder  
Natrina DeBow  
Nikki Duckworth  
Niki Girls  
Pamela Hickman  
Paris Walker  
Paula Curtin  
Peggy J. Cline  
Randy Walker  
Rasolyn Hill  
Rebecca Bremmer-Crumley  
Rebecca Robinson  
Rob Lime  
Robert Amon  
Robert Carrell  
Roger Herbort  
Ron Pirau  
Rose Springman

Ruth's Chris  
Ryan McKeever  
Sandi Druley  
Sharon Connell  
Sharon Lime  
Shelley Landis  
Shirley Adams  
State Employees  
Community Campaign  
Stephanie Artnak  
Stephen Conway  
Stephen Reynolds  
Steve Hadley  
Susan Beauchamp  
Susan Free  
Susan Garriott  
Susan Krempa  
Suzanne Bradbury  
Thomas Broadie  
Todd Mullins  
Tom Harton  
Tom Richardson  
Tonya Vachirasomboon  
Valentine Klimkowski  
Wendy Stanton-Haines



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TrustedMentors.org

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