



TRUSTED
MENTORS

Support. Stabilize. Succeed.

NEWSLETTER

SPRING 2016

WHO CAN YOU REACH?



One of the surprising elements at Trusted Mentors is our wide and diverse reach. We don't work with one population; we work with 3 distinct groups who have a wide variety of passions and interests. The issues they face as they strive to remain housed or stay out of prison can be daunting. Their goals, struggles, and hopes – each is unique to them. Each mentee makes their own goal, reflecting their diverse interests and needs.

Our mentors are as diverse as the people they mentor. They bring a variety of talents, interests and skills to help another person. They share the desire to make an impact on their community by helping one other person.

Our staff also mentors the mentors. They provide knowledge to a new mentor building a relationship, or perhaps provide the resources to an experienced mentor who is struggling for new resources. Though we have a small staff, we're able to help a surprising number of people.

Trusted Mentors' reach continues to grow. We have the one-on-one reach of each individual mentoring relationship multiplied by the number we serve. As our numbers in Indy grow, more people are impacted and supported as they strive to achieve their goals. But we couldn't do it without the dedicated support of our volunteers, mentors, and donors.

And our reach is continuing to expand beyond Indianapolis as our mentoring model is now being implemented in West Virginia.

What is your reach? Are you making the impact that you desire? We invite you to join Trusted Mentors as we expand our reach.

Who can you reach?

Jeri Warner

Jeri Warner
Executive Director, Trusted Mentors

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TRUSTED MENTORS MODEL TO BE IMPLEMENTED IN WEST VIRGINIA

The Connecting Link in Morgantown, West Virginia is starting a new mentoring program called Friends in the Journey that will be modeled after Trusted Mentors. Program Coordinator, Holly Setal, researched many mentoring programs and found the Trusted Mentors' model to be exactly what they needed.

The Connecting Link serves Marion, Monongalia, Harrison, and Preston Counties in West Virginia through direct services including emergency financial assistance, comprehensive information, referrals, and a homeless initiative.

This partnership will allow Connecting Link to use the Trusted Mentors model and processes. We will provide training to Program Coordinator, Holly Setal in the dynamics of mentoring relationships and how to work with multiple agencies. Trusted Mentors' expertise will prove to be extremely valuable as The Connecting Link grows and develops Friends in the Journey.

This partnership allows both Trusted Mentors and The Connecting Link to mutually benefit by providing a greater access to adult mentors across the country.



SOME STORIES ARE UNEXPECTED

David, a 62-year-old retired physician, is not your stereotypical homeless person. He's always neatly dressed and often uses words that need to be looked up in a medical dictionary. David's two-and-a-half-year stint with homelessness was the result of a variety of health issues. It was not until David moved into his new apartment has his health started to rebound. **And his Trusted Mentor, Byron, has also played a critical role in his journey back to health.**

Mentoring an older adult has different dynamics. Byron has visited David in the hospital and rehabilitation centers, and has accompanied him to various doctor appointments. Byron, a retired Eli Lilly employee, is happy to do so.

Byron retired early and is giving back through volunteerism. "What I like about Trusted Mentors, more than other things I do as a volunteer, is that this is more personal." Byron speaks of how appreciative David always is and how watching him progress with his health has kept him motivated to mentor. To read more about Byron and David, check out our blog at TrustedMentors.blogspot.com.



DID YOU KNOW:

In 2015, Trusted Mentors supported **191 mentoring relationships**, a 12% growth from 2014. In our 3 Tracks to Success, we continue to see the value of adding mentors:

- **92%** in the homeless prevention track remained housed.
- **90%** in the re-entry track were meeting the requirements of the criminal justice system
- **95%** of our young adults (ages 18-24) remained housed.

SAVE THE DATES!

Here's some great upcoming events and ways for you to support Trusted Mentors:

June 11: Champion Bike Ride: Ride a 5-mile or 15-mile route to support Trusted Mentors!

September 9th: Gala 16 - The Prom You Wished For! Gala 16 Sponsorships are available. Contact Jeri Warner at jwarner@trustedmentors.org for more information.